

Trainingsplan Saison 2019/20

Zeiten	Montag				Dienstag			Mittwoch				Donnerstag				Freitag			
	GSH			ALTS	GSH			GSH			WSH	GSH			ALTS	HLA	SWH		
	1	2	3		1	2	3	1	2	3		1	2	3			1	2	3
15:00 - 15:45				NN											NN				
15:45 - 16:00				NN											NN		U12m	U13m	U16-U13w
16:00 - 16:30					U16-U13w						Bambini						Cléro	Cléro	Haberstroh
16:30 - 17:00	U16m	U14m			Haberstroh	NN	NN	H1			Haberstroh						U14m	U16m	
17:00 - 17:30	Brockmeier	Cléro				NN	NN	Verstappen									Cléro	Brockmeier	
17:30 - 18:00																			
18:00 - 18:30	H1				H4	D2	NN										H4	D2	D1
18:30 - 19:00	Verstappen				Peters	Brockmeier	NN	U14m		H3							Peters	Brockmeier	Hörth
19:00 - 19:30								Cléro		Brockmeier									
19:30 - 20:00																			
20:00 - 20:30	D1	H3 & H2			H1			D1	H2	mixed		H1				NN	H3 & H2		mixed
20:30 - 21:00	Hörth	Kolevich			Verstappen			Hörth	Kolevich	Hahn		Verstappen				NN	Kolevich		Hahn
21:00 - 21:30											H4								
21:30 - 22:00											Peters								

GSH = Großsporthalle Bühl

ALTS = Grundschule Altschweier  
HLA = Handelslehranstalt Bühl

SWH = Schwarzwaldhalle Bühl  
WSH = Weststadthalle Bühl