

Trainingsplan Saison 2017/18

Zeiten	Montag				Dienstag			Mittwoch			Donnerstag				Freitag							
	GSH			ALTS	GSH			GSH			GSH			ALTS	HLA	GSH			SWH			
	1	2	3		1	2	3	1	2	3	1	2	3			1	2	3	1	2	3	
15:00 - 15:30				U13/2m										U13/2m								
15:30 - 16:00				NN										NN					NN	NN	U13-U16	
16:00 - 16:30																			NN	NN	Haberstroh	
16:30 - 17:00	U16m	U14m			U13-U16	H4	NN		Kader	U14m						H4	U16					
17:00 - 17:30	Castellaneta	Rakic			Haberstroh	Rakic	NN		Mallik	Rakic						Rakic	Castellaneta					
17:30 - 18:00																						
18:00 - 18:30	H1				D2	H3	U16m	H1								D2	H3					
18:30 - 19:00					Hörth	Molada	Castellaneta									Hörth	Molada					
19:00 - 19:30																						
19:30 - 20:00																						
20:00 - 20:30	D1	H3	H2		H1			D1	H2	mixed	H1				D2	mixed	H2					
20:30 - 21:00	Medwedew	Molada	Castellaneta					Medwedew	Castellaneta	Hahn					Hörth	Hahn	Castellaneta					
21:00 - 21:30																						
21:30 - 22:00																						

GSH = Großsporthalle Bühl
 ALTS = Grundschule Altschweier
 SWH = Schwarzwaldhalle Bühl
 HLA = Handelslehranstalt Bühl